

PERFECT HEALTH.

After Years of Backache, Dizziness and Kidney Disorders.

Mrs. R. C. Richmond, of Northwood, Iowa, says: "For years I was a martyr to kidney trouble, backache, dizzy spells, head-aches and a terrible bearing-down pain. I used one remedy after another without benefit. Finally I used a box of Doan's Kidney Pills and the backache ceased. Encouraged, I kept on, and by the time I had used three boxes not a sign of the trouble remained. My health is perfect."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

A Linguist.

The charm of Mrs. Ruth McNery Stuart's negro dialect stories was greatly enhanced when she read them herself, as she used frequently to do in the early days of her fame, for charity and church entertainments. Her imitation of the negro dialect was excellent, and her small son, who was very fond of her accomplishment in this line, frequently boasted of it among the other children. Once, when some of his schoolmates were vaunting the accomplishments of their several mothers, he was overheard to declare:

"Well, my mother is smarter than any of yours. She can speak two languages."

"What are they?" demanded his companions.

"White and colored."

Sheer white goods, in fact, any fine wash goods when new, owe much of their attractiveness to the way they are laundered, this being done in a manner to enhance their textile beauty. Home laundering would be equally satisfactory if proper attention was given to starching, the first essential being good starch, which has sufficient strength to stiffen, without thickening the goods. Try Defiance Starch and you will be pleasantly surprised at the improved appearance of your work.

Poor Old Bird.

Pop (looking up from the paper)—I see there's a new baby hippopotamus at the zoo. What are you laughing at, Johnnie?

Johnnie (who is almost as bright as he looks)—I was just laughing to think of the stork carryin' a hippopotamus!—Exchange.

Good Thing to Know.

Those who traverse the alkali plains of the west and inhabit the sand blown regions of Texas, find daily need for a reliable eye salve. They never drug the eye, but simply apply, externally, the sterile, Dr. Mitchell's Eye Salve. It is well to know that Mitchell's Eye Salve is on sale here also. Price 25 cents.

Rather Effeminate.

The Saucepan—I wonder what makes the kettle so happy. It hasn't stopped singing all day.

The Coffee Pot—Why, didn't you notice its new lid?—Puck.

RED CROSS BALL BLUE.

Should be in every home. Ask your grocer for it. Large 2 oz. package only 5 cents.

In Chicago.

Ella—That man slipped on my foot. Stella—Why don't you put ashes on it?

Smokers appreciate the quality value of Lewis' Single Binder cigar. Your dealer or Lewis' Factory, Peoria, Ill.

It takes a truthful man to tell a lie big enough to attract attention.

FOUR GIRLS

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Read What They Say.

Miss Lillian Ross, 530 East 84th Street, New York, writes: "Lydia E. Pinkham's Vegetable Compound overcame irregularities, periodic suffering, and nervous headaches, after everything else had failed to help me, and I feel it a duty to let others know of it."

Katharine Craig, 2535 Lafayette St., Denver, Col., writes: "Thanks to Lydia E. Pinkham's Vegetable Compound I am well, after suffering for months from nervous prostration."

Miss Marie Stoltzman, of Laurel, Ia., writes: "I was in a run-down condition and suffered from suppression, indigestion, and poor circulation. Lydia E. Pinkham's Vegetable Compound made me well and strong."

Miss Ellen M. Olson, of 417 N. East St., Keokuk, Ill., says: "Lydia E. Pinkham's Vegetable Compound cured me of backache, side ache, and established my periods, after the best local doctors had failed to help me."

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

FACTS FOR SICK WOMEN.

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FILLED SHIP WITH CANARIES.

Remarkable Experience of Liner in a Tropical Storm.

It happened in the night, and, according to the yarn spun by Capt. Sandberg of the Panama liner City of Para, it must have been a night of terror.

The ship was midway between Acapulco and San Jose de Guatemala, which is a latitude in which the unusual is expected. The time was between one and two o'clock in the morning and it was very dark. Suddenly an electric storm of great ferocity came up from a revolutionary republic on the starboard quarter, accompanied by waterspouts, St. Elmo's fire, and a great flock of canary birds. Everyone knows that St. Elmo's fire and waterspouts are common off the coast of Acapulco, but the canary birds are a novelty.

At the first stroke the lightning blew out the fuse in the ship's dynamo and she became as dark as an abandoned trolley car. Then the St. Elmo's fire lit on the foretopmast and split the gilt ball at the top of the topmast exactly into two hemispheres. One of these fell into the water; the other struck the bridge and almost hit Second Officer Heckert.

Third Officer Zual, who had been off watch below, ran on deck. All the passengers followed Zual to the deck, and the captain says that the passengers thought the end of the world had come. The storm was bad enough, but it was the birds that flew in the faces of the startled passengers that caused indescribable terror.

It lasted for an hour, and in the morning, when the storm had passed and the sun rose, there on the decks, covering the awnings and almost filling the boats lashed on the upper deck, were thousands of dead and dying canary birds. Capt. Sandberg says there were thousands of them. Some of them had blundered into the staterooms in the darkness after the electric lights were out.

So the City of Para came safely through the storm when it rained canary birds, all save the gilt ball at the top of the foretopmast, half of which was lost overboard.—San Francisco Chronicle.

His Capacity.

"The late Ira D. Sankey," said a veteran Pittsburg editor, "once dined with me in Philadelphia. During dinner he looked about the restaurant, where every table was covered with glasses of white or red wine, and he said:

"There is a man drinking a whole bottle, a full quart, of champagne. It is amazing what a capacity for liquor some men possess. And the man with a large capacity is actually proud of it. Could anything be more foolish, more sinful?"

"Then, with a chuckle, Mr. Sankey told me about a beggar he had once helped."

"The beggar had a red nose, and Mr. Sankey gave him 20 cents, saying at the same time:

"Mind you, now, don't get drunk on this."

"Drunk on 20 cents? Why, boss," he said, proudly, 'it 'ud take the best part of a dollar to get me drunk.'"

Living Up to Orders.

When nine-year-old Teddy displayed the shining new quarter which Mr. Ringloss had given him down at the corner store, mother very naturally asked if her little boy had said "Thank you" to father's friend.

No answer.

"Surely, you thanked Mr. Ringloss?" she persisted.

Still no answer. Trouble showed on the little face.

"Teddy, listen. You ought to have said: 'Thank you, sir.' Did you?"

No answer yet—and trouble threatened to produce showery.

"Come here, dear little son. Tell mamma, now. Did you thank Mr. Ringloss for the quarter?"

Then the storm broke, but between the sobs and tears came the required information: "I told him thank you, an' he said not to mention it, an' I tried not to."

The Early Military Band.

A little more than seventy years ago there was no such thing as a brass band in existence. The very first band entirely of brass dates, in fact, no further back than 1835. Prior to that time even our military music was produced almost entirely from instruments of wood, and as recently as 1783 a full regimental band consisted of two oboes, two clarinets, two horns and two bassoons.

As showing the important part played by the "sounding brass" in our bands to-day it is sufficient to mention that in an up-to-date first-class band of, say, 42 pieces, there would probably be found from eighteen to twenty horns, to say nothing of saxophones, which are partly clarinet and partly horn.

The Deadly Suffix.

"Your speech didn't impress me as containing any new ideas," remarked the friend, doubtfully.

"That's good," answered Senator Sorghum. "A speech with new ideas is very liable to result in giving your enemies a chance to denounce you as the champion of some sort of an 'ism.'"

The Proper Thing Now.

"That oldest girl of mine is finally engaged. The young man called as a notification committee last night."

"And how did you receive the news?"

"Got the family together and cheered for 83 minutes by a reliable clock."

The General Demand

of the Well-Informed of the World has always been for a simple, pleasant and efficient liquid laxative remedy of known value; a laxative which physicians could sanction for family use because its component parts are known to them to be wholesome and truly beneficial in effect, acceptable to the system and gentle, yet prompt, in action.

In supplying that demand with its excellent combination of Syrup of Figs and Elixir of Senna, the California Fig Syrup Co. proceeds along ethical lines and relies on the merits of the laxative for its remarkable success.

That is one of many reasons why Syrup of Figs and Elixir of Senna is given the preference by the Well-Informed. To get its beneficial effects always buy the genuine—manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists. Price fifty cents per bottle.

SEEMED A TRIFLE PERSONAL.

Clergyman's Particular Reason for Omitting the Fifth Verse.

A clergyman in an interior town married a woman from whom he received a dowry of \$10,000 and a prospect of more. Shortly afterwards, while occupying the pulpit, he gave out a hymn, read the first verse and proceeded to read the fifth, commencing:

"Forever let my grateful heart, then he hesitated and exclaimed: 'The choir will omit the fifth verse.' Some of the congregation read the verse for themselves and smiled as they read:

"Forever let my grateful heart, His boundless grace adore, Which gives ten thousand blessings now And bids me hope for more."

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CLEMENT & CO., Toledo, O. We, the undersigned, have known F. J. Clement for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

WATSON, KINMAN & MARTIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

Uncle Zeb's Preference.

Uncle Zebulon was on a visit to his nephew in the big city and the two had gone to a restaurant for dinner. They had given their order and were waiting for it to be filled when the younger man, who had been glancing at a paper that lay on the table, said:

"By the way, uncle, did you ever have cerebro-spinal meningitis?"

"No," replied Uncle Zebulon, after a few moments' mental struggle with the question, "and I don't want any. I'd rather have fried liver and bacon any day."

Don't Be Irritable.

"An irritated skin makes an irritable person, and an irritable person gathers much trouble unto himself or herself, as the case may be. Moral: Use Hunt's Cure, one box of which is absolutely and unqualifiedly guaranteed to cure any form of skin trouble. Any kind of itching known is relieved at once, and one box cures."

Dainty Bite of Sentiment.

A fine bit of sentiment from Editor Howe of the Atchison Globe: "Treat the faith your friends have in you as carefully as you would handle a dainty silk parasol in a violent wind and rain storm."

If the energy that women expend in making fools of men could be concentrated—but what's the use of speculating with impossible problems?

His Epitaph.

"I have just one request," said the dying man to his relatives. "What is it?" they asked him earnestly. "We will grant you anything." "Well," replied the man, feebly, "I want you to have carved upon my monument these words: 'Here lies a man who worked for his living.'"

Realizing that he had forestalled any attempt on the part of his rich relations to brag too much about their family connections, he sank into a sweet sleep.

A Household Necessity.

I would almost as soon think of running my farm without implements as without Hunt's Lightning Oil. Of all the liniments I have ever used, for both man and beast, it is the quickest in action and richest in results. For burns and fresh cuts it is absolutely wonderful. I entered it as a household necessity. Yours truly,

S. HARRISON, Kosciusko, Miss.

The Difficulty.

"Did you have a clear conscience when you had concluded that horse trade?"

"I should hope not!"

"Why not?"

"I've noticed that when I come out of a horse trade with a clear conscience I come out with the poorest horse."—Houston Post.

Rest and Sleep.

Few escape those miseries of winter—a bad cold, a distressing cough. Many remedies are recommended, but the one quickest and best of all is Simon's Cough Syrup. Soothing and healing to the lungs and bronchial passages, it stops the cough at once and gives you welcome rest and peaceful sleep.

Cost of Royalty.

The annuities paid by the British people to the king and queen amount to \$2,350,000; \$500,000 is paid in annuities to other members of the royal family.

Strong Winds and Sand Storms cause granulation of the eyelids. PETTIT'S EYE SALVE soothes and quickly relieves. All druggists or Howard Bros., Buffalo, N. Y.

Advocates of corporal punishment evidently believe that an occasional spanking makes children smart.

ALL UP-TO-DATE HOUSEKEEPERS Use Red Cross Ball Blue. It makes clothes clean and sweet as when new. All grocers.

Liberty does not consist in giving largely, but in giving wisely.—Jerome.

Smokers have to call for Lewis' Single Binder cigar to get it. Your dealer or Lewis' Factory, Peoria, Ill.

Marriage is a contract, but there are lots of contract jumpers.

Mrs. Winslow's Soothing Syrup. For children teething, soothes the gums, reduces inflammation, stops pain, cures wind colic. Use a bottle.

The actions of a dumb man speak louder than his words.

Those Tired, Aching Feet of Yours need Allen's Foot-Powder. See at your Druggist's. Write A. S. Chandler, Le Roy, N. Y., for sample.

When a man is short he usually has a long face.



Walk home in almost any new shoes—

They start comfortable.

With every few steps they lose comfort.

Try a pair of smart White House Shoes.

Walk home, or anywhere—they start comfortable. Continue comfortable—end comfortable—stay graceful.

WHITE HOUSE SHOES:

FOR MEN, \$3.50, \$4.00, \$5.00 and \$6.00.

FOR WOMEN, \$3.50, \$4.00 and \$5.00.

Washers Brown Blue Ribbon Shoes for youngsters. Ask your dealer or write

THE BROWN SHOE CO., MAKERS

MADE IN U.S.A.

Malaria Causes Loss of Appetite

The Old Standard GROVE'S TASTELESS CHILL TONIC, drives out Malaria and builds up the system. You know what you are taking. The formula is plainly printed on every bottle, showing it is simply Quinine and Iron in a tasteless, and the most effectual form. For adults and children. 50c.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois.

The Safe Way

When Threatened

with a mishap, the safe way is to take Cardui and prevent the trouble from occurring.

Weak women need Cardui before confinement, to strengthen their system and help them through this trying period. Thousands have tried it, and found it of wonderful benefit, at that and other trying times of their lives.

Mrs. Fannie Nichols, of Mexico, Mo., writes: "Last year I was threatened with a mishap and

Wine of Cardui helped me more than any other medicine. Now I have a fine healthy boy. I think Cardui the finest medicine I know of, for female troubles, and I wish all suffering women would try it."

Cardui is sold by all reliable druggists, with full directions for use, in six languages, inside the wrapper.

VALUABLE BOOK FREE

Write for 64-page illustrated Book, "Home Treatment for Women," describing symptoms of Female Diseases and giving valuable hints on health, hygiene, diet, medicine, etc. for women. Sent free, postpaid. Address: Ladies' Advising Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.



MRS. FANNIE NICHOLS

SICK HEADACHE



Positively cured by these Little Pills. They also relieve Dis-eases from Dyspepsia, Indigestion and Two Hours' Pain. A perfect remedy for Dizziness, Nausea, Headaches, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE.



Genuine Must Bear Fac-Simile Signature. REFUSE SUBSTITUTES.

FOUNDERS?



Then this is the treatment to cure him. WATSON'S FEBRIFUGE

In conjunction with WATSON'S PURGE MIX and WATSON'S LINIMENT administered according to directions.

WATSON'S FEBRIFUGE is a superior remedy on which to acclimate stock—reasons fever and aids in carrying off the waste products resulting—keeps horses, mules and cattle in the very pink of health.

\$1.00 per bottle at your dealers

If he's out send us the \$1.00 and we'll supply you immediately.

We make all the famous Watson Live Stock Remedies—Watson's Liniment, Watson's Cough Syrup, Watson's Soothing Syrup, Watson's Febrifuge, Watson's Liquid Blister, Watson's Kidney Pills, Watson's Liquid Stomachic, Watson's Liquid Cathartic. These cure sick stock. Write now for our interesting free booklet containing valuable veterinary information that you should have.

THE WATSON COMPANY

PINE BLUFF, ARK.

45 to 50 Bu. of Wheat Per Acre

have been grown on farm lands in

WESTERN CANADA

Much less would be satisfactory. The general average is above twenty bushels. "All are loud in their praises of the great crops and that wonderful country."—Edmonton, Alberta, Canada, August 1, 1904.

It is now possible to secure a homestead of 160 acres (free) and another 160 acres at \$3.00 per acre. Hundreds have paid the cost of their farms (if purchased) and then had a balance of from \$10.00 to \$12.00 per acre from one crop. Wheat, barley, oats, flax—all do well. Mixed farming is a great success and dairying is highly profitable. Excellent climate, splendid schools and churches, railways bring most every district within easy reach of market. Railway and land companies have lands for sale at low prices and on easy terms.

"Last Best West" pamphlets and maps sent free. For these and information as to how to secure lowest railway rates, apply to Superintendent of Immigration, Ottawa, Canada.

or to the authorized Canadian Government Agents

J. S. CRAWFORD, Kansas City, Missouri.

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